


November 2023 Assisted Living



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Manicures N/S 10:45 Exercise 1:00 Craft 2:30 Coffee Time	2 9:30 Manicures E/W 10:45 Exercise 12:15 Game Time 1:00 Dawn's Talk GH 1:30 Bingo 2:30 Coffee Time	3 10:45 Exercise 12:15 Rummikub 1:00 Trip to Bistro 2:00 Singer, Geoff Gunderson, GH 2:30 Coffee Time	4 Yoga 12:15 Activities and Coffee with Beth! 1-3:30
5 9:30 Baking Day 10:45 Exercise 12:15 Game Time 1:00 Lewis Drug 2:30 Coffee Time 7:15 Woodwinds GH	7 9am Chapel GH 10:30 Devo. w/ Randy 12:45 Yoga 1:00 Good Earth Park 2pm The Fossils, GH! 2:30 Coffee Time	8 9:30 Manicures N/S 10:45 Exercise 1:00 Craft 2:00 Kids Cross Day Care 40 kids! 2:30 Coffee Time	9 Pancake Breakfast 9:30 Manicures E/W 10:45 Exercise 12:15 Game Time 1:30 Bingo 2:30 Coffee Time	10 8am Veteran's Breakfast in the GH 10:45 Exercise 12:15 Game Time 1:00 Kids sing songs for Veterans 2:00 November Birthday Party	11
12 Chapel Service 2:30pm in AL	13 9:30 Baking Day 10:45 Exercise 12:15 Game Time 1:30 Maggie and Dave Hauck Sing! 1:00 Lefse Demo! 2:30 Coffee Time	14 9am Chapel GH 10:30 Devo. w/ Randy 12:15 Game Time 12:45 Yoga 1:30 Pool/Hot Tub 2:30 Coffee Time	15 9:30 Manicures N/S 10:45 Exercise 1:00 Craft 1:00 Cath Com. MPR 2:30 Coffee Time with Dawn	16 9:30 Manicures E/W 10:45 Exercise 10:45 Out to Lunch 12:15 Game Time 1:00 Luth Communion 1:30 Bingo 2:30 Coffee Time	17 10:45 Exercise 12:15 WaHoo 1:30 Music w Kristina 2:30 Coffee Time
19	20 9:30 Baking Day 10:45 Exercise 12:15 Game Time 1:30 Darwin H Sings 2:30 Coffee Time	21 9am Chapel GH 10:30 Devo. w/ Randy 12:45 Yoga 1:30 D Aesoph Sings 2:30 Coffee Time	22 9:30 Manicures N/S 10:45 Exercise 1:00 Craft 2:30 Coffee Time Charlie B Popcorn Party	23  Happy Thanksgiving	24 10:45 Exercise 12:15 Game Day! 1:00 Family Feud 2:30 Coffee Time Root Beer Floats!
26 Chapel Service 2:30pm in AL	27 9:30 Baking Day 10:45 Exercise 12:15 Game Time 2:30 Coffee Time 4:00 Margaritta Mon	28 9am Chapel GH 10:30 Devo. w/ Randy 12:45 Yoga 1:30 Lonna's Choice! 2:30 Coffee Time	29 9:30 Manicures N/S 10:45 No Exercise 12:30 Rummikub 1:00 Craft 2:30 Coffee Time	December 1 9:30 Manicures E/W 10:45 Exercise 12:15 Game Time 1:30 Bingo 2:30 Coffee Time	2 10:45 Exercise 11:00 Lunch w Lonna 12:15 Skip-Bo 1:00 Trail Ridge Trivia 2:30 Coffee Time
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