






# April 2024 Trail Ridge MC

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|--|---|---|--|--|--|-----------|
|                 | <b>1 APRIL FOOLS DAY!!</b><br>12:30 No Exercise<br>1:00 Baking Day<br>2:30 Coffee Time<br>3:30 Manicures (N)<br>4:00 Walk w Nursing | <b>2</b><br>1:00 Walk a Bout<br>1:30 Yoga<br>2:30 Coffee Time<br>3:30 Games<br>4:00 Walk w Nursing              | <b>3</b><br>10:30 Devotions (N)<br>12:30 Exercise<br>1:00 Manicures (S)<br>1:30 Cherie O. Music!<br>2:30 Coffee Time<br>3:30 Manicures, cont.          | <b>4</b><br>10:30 Devotions (S)<br>12:30 Exercise<br>1:00 Arts and Crafts<br>2:30 Coffee Time<br>3:30 Finish Arts/Crafts   | <b>5</b><br>10:00 Music Therapy w/Kristina<br>12:30 Exercise<br>2:30 Coffee Time<br>3:15 Game Time<br>4:00 Walk w Nursing  | <b>6</b>  |
| <b>7</b><br>    | <b>8</b><br>12:30 Exercise<br>1:00 Baking Day<br>2:30 Coffee Time<br>3:30 Manicures (N)<br>4:00 Walk w Nursing                      | <b>9</b><br>1:00 Walk a Bout<br>1:30 Yoga<br>2:30 Coffee Time<br>3:30 Games<br>4:00 Walk w Nursing              | <b>10 Randi's Bday!</b><br>10:30 Devotions (N)<br>12:30 Exercise<br>2:30 Coffee Time and Randi's Birthday<br>3:30 Manicures (S)<br>4:00 Walk w Nursing | <b>11</b><br>10:30 Devotions (S)<br>12:30 Exercise<br>1:00 Arts and Crafts<br>2:30 Coffee Time<br>3:30 Arts and Cr, cont.<br>4:00 Walk w Nursing   | <b>12</b><br>12:30 Exercise<br>1:00 Fun w Denise<br>2:30 Coffee Time<br>3:15 Game Time<br>4:00 Walk w Nursing              | <b>13</b> |
| <b>14</b><br> | <b>15</b><br>12:30 Exercise<br>1:00 Baking Day<br>1:15 Bruce D. Sings AL Classic Country<br>2:30 Coffee Time<br>3:30 Manicures (N)  | <b>16</b><br>1:00 Walk a Bout<br>1:30 Yoga<br>2:30 Coffee Time<br>3:30 Games<br>4:00 Walk w Nursing             | <b>17</b><br>10:30 Devotions (N)<br>12:30 Exercise<br>1:00 Manicures (S)<br>2:30 Coffee Time<br>3:30 Manicures, cont.<br>4:00 Walk w Nursing           | <b>18</b><br>10:30 Devotions (S)<br>12:30 Exercise<br>1:00 Arts and Crafts<br>2:30 Coffee Time<br>3:30 Arts and Cr, cont.<br>4:00 Walk w Nursing   | <b>19</b><br>10:00 Music Therapy w/Kristina<br>12:30 Exercise<br>2:30 Coffee Time<br>3:15 Game Time<br>4:00 Walk w Nursing | <b>20</b> |
| <b>21</b><br> | <b>22</b><br>12:30 Exercise<br>1:00 Baking Day<br>2:30 Coffee Time<br>3:30 Manicures (N)<br>4:00 Walk w Nursing                     | <b>23</b><br>1:00 Walk a Bout<br>1:30 No Yoga<br>2:30 Coffee Time<br>3:30 Games<br>4:00 Walk w Nursing          | <b>24</b><br>10:30 Devotions (N)<br>12:30 Exercise<br>1:00 Manicures (S)<br>2:30 Coffee Time<br>3:30 Manicures, cont.<br>4:00 Walk w Nursing           |  <b>25</b><br>10:30 Devotions (S)<br>12:30 Exercise<br>1:00 Movie (TBD)<br>2:30 Coffee Time<br>3:30 Finish movie<br>4:00 Walk w Nursing | <b>26</b><br>12:30 Exercise<br>1:30 Fun with Denise<br>2:30 Coffee Time<br>3:30 Game Time<br>4:00 Walk w Nursing           | <b>27</b> |
| <b>28</b><br> | <b>29</b><br>12:30 Exercise<br>1:00 Baking Day<br>2:30 Coffee Time<br>3:30 Manicures (N)<br>4:00 Walk w Nursing                     | <b>30</b><br>1:00 Walk a Bout<br>1:00 Butterfly House!<br>2:30 Coffee Time<br>3:30 Games<br>4:00 Walk w Nursing |  |  |  |           |