



July 2024 Trail Ridge MC

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>2</p>	<p>1</p> <p>10:00 Baking! 12:30 Exercise 1:00 Walking Path Walk 2:30 Coffee Time 3:30 Manicures (N) 4:00 Walk w Nursing</p>	<p>2</p> <p>1:00 Walk a Bout 1:30 Yoga 2:30 Coffee Time 3:30 Games 4:00 Walk w Nursing</p>	<p>3</p> <p>10:30 NO Devotions (N) 12:30 Exercise 1:30 Music Th w/ Cherie 2:30 Coffee Time 3:30 Manicures 4:00 Walk w Nursing</p>	<p>4</p> 	<p>5</p> <p>10:15 No Music Therapy 12:30 Exercise 1:00 Games and Puzzles 2:30 Coffee Time 3:30 Visit Outdoors 4:00 Walk w Nursing</p>	<p>6</p>
<p>7</p>	<p>8</p> <p>10:00 Baking w Becky! 12:30 Exercise 1:00 Joy Ride! 2:30 Coffee Time 3:30 Manicures (N) 4:00 Walk w Nursing</p>	<p>9</p> <p>1:00 Walk a Bout 1:30 Yoga 2:00 Keepers of the Faith singers in the GH 3:00 Coffee 4:00 Walk w Nursing</p>	<p>10</p> <p>10:30 Devotions (N) 12:30 Exercise 1:00 Manicures 2:30 Coffee Time 3:30 Manicures, cont. 4:00 Walk w Nursing</p>	<p>11</p> <p>10:30 Devotions (S) 12:30 Exercise 1:00 Arts and Crafts 2:30 Coffee Time 3:30 Art and Craft Cont. 4:00 Walk w Nursing</p>	<p>12</p> <p>12:30 Exercise 1:00 Games and Puzzles 2:30 Coffee Time 3:30 Visit Outdoors 4:00 Walk w Nursing</p>	<p>13</p> <p>1:30 Yoga!</p>
<p>14</p>	<p>15</p> <p>10:00 Baking w Becky! 12:30 Exercise 1:00 Baking Day 2:00 Music Th w/ Lora 3:00 Coffee Time 3:30 Manicures (N)</p>	<p>16</p> <p>1:00 Walk a Bout 1:30 Yoga 2:30 Coffee Time 3:30 Games 4:00 Walk w Nursing 7:30 SF Municipal Band</p>	<p>17</p> <p>10:30 Devotions (N) 12:30 Exercise 1:00 Manicures 2:30 Coffee Time 3:30 Manicures, cont. 4:00 Walk w Nursing</p>	<p>18</p> <p>10:30 Devotions (S) 12:30 Exercise 1:00 Arts and Crafts 2:30 Coffee Time 3:30 Arts and Cr, cont. 4:00 Walk w Nursing</p>	<p>19</p> <p>12:30 Exercise 1:00 Games and Puzzles 2:30 Coffee Time 3:30 Visit Outdoors 4:00 Walk w Nursing</p>	<p>20</p>
<p>21</p> <p>4-6pm Summer Party 50's Music Tater's and Taverns Food Truck</p>	<p>22</p> <p>10:00 Baking w Becky! 12:30 Exercise 1:00 Walking Path Walk 2:30 Coffee Time 3:30 Manicures (N) 4:00 Walk w Nursing 6:30-7:30 -Campfire and Root Beer floats</p>	<p>23</p> <p>1:30 Janet Ries sings in AL 1:30 Yoga 2:30 Coffee Time 3:30 Games 4:00 Walk w Nursing</p>	<p>24</p> <p>10:30 Devotions (N) 12:30 Exercise 1:00 Manicures 2:30 Coffee Time 3:30 Manicures, cont. 4:00 Walk w Nursing</p>	<p>25</p> <p>10:30 Devotions (S) 12:30 Exercise 1:00 Arts and Crafts 2:30 Coffee Time 4:00 Walk w Nursing</p>	<p>26</p> <p>10:15 Music Th w/ Kristina 12:30 Exercise 1:00 Games and Puzzles 2:30 Coffee Time 3:30 Visit Outdoors 4:00 Walk w Nursing</p>	<p>27</p>
<p>28</p>	<p>29</p> <p>10:00 Baking w Becky! 12:30 Exercise 1:00 Walking Path Walk 2:00 Duke Zecco Sings GH 3:00 Coffee</p>	<p>30</p> <p>1:00 Walk a Bout 1:30 Yoga 2:30 Coffee Time 3:30 Games 4:00 Walk w Nursing</p>	<p>31</p> <p>10:30 Devotions (N) 12:30 Exercise 1:00 Manicures 2:30 Coffee Time 4:00 Walk w Nursing</p>			